HeadsUp Early Psychosis Mentor is a FREE service provided by HeadsUp for health professionals treating individuals experiencing first episode and early psychosis in Pennsylvania.

We are a team of experts who support treating professionals by providing educational resources tailored to your question to aid you in caring for these individuals.

**What is HeadsUp?**

HeadsUp is a collaborating organization whose mission is to help end the stigma around psychosis through education, advocacy, and support. We promote early intervention centered around personalized, accessible, and effective care for all people in Pennsylvania.

Our current PA First Episode Psychosis (FEP) sites are making tremendous strides to support recovery and avoid unnecessary trauma.

- 91% Decrease in number of participant hospitalizations
- 85% Increase in school enrollment in those over 18
- 82% Decrease in suicide attempts
- 76% Decrease in homelessness

*At 24 months; Compared to before enrollment in an FEP center.

HeadsUp Early Psychosis Mentor can only answer questions submitted by treating professionals working in Pennsylvania. If you are a loved one of an individual experiencing early psychosis, reach out for help at one of our PA First Episode Psychosis Centers (FEP).
**Who can request a consult?**
Any health professional working in Pennsylvania, supporting individuals experiencing first episode/early psychosis. From clinicians and prescribers to peers and researchers, we are here to help all!

**Who will answer questions I submit?**
All questions are answered by clinical and medical experts in the treatment of first episode/early psychosis. The expert answering your inquiry will be specifically chosen based on the question asked.

**How do you come up with your answers?**
We are immersed in the most up-to-date research, literature, and practice of first episode/early psychosis care and use this information to best answer your questions.

**How many consultations can I request?**
You can request as many consultations as you would like. If you have questions about various topics, submit them separately as they may be answered by different experts.

**What can I ask about?**
Ask us about anything related to first episode or early psychosis. We have a list of topics to choose from or you can create your own.

**Do your answers change over time?**
As new research emerges answers may change. This is true for us as much as it is for you. We are committed to keeping our own knowledge and practice up to date as much as we are yours.

**Why should I ask you?**
We specialize in the areas of first episode/early psychosis which makes us uniquely qualified to support you in these specific needs.

**READY TO ASK A QUESTION?**
We can’t wait to hear from you!
Submit online or by calling 1-833-933-2816

---

All information submitted to HeadsUp Early Psychosis Mentor is protected by a HIPAA capable security infrastructure. The only people with access to your information are those directly affiliated with HeadsUp Early Psychosis Mentor. None of your information will be shared with other organizations.

to learn more about HeadsUp or find a center near you, visit: headsup-pa.org