

HeadsUp

EARLY PSYCHOSIS MENTOR: A Guide for Health Professionals

HeadsUp Early Psychosis Mentor is a FREE service provided by HeadsUp for health professionals treating individuals experiencing first episode and early psychosis in Pennsylvania.

We are a team of experts who support treating professionals by providing educational resources tailored to your question to aid you in caring for these individuals.

HOW THE PROCESS WORKS

- Submissions receive a completely confidential and evidenced-based email or phone call within 3-5 business days.
- To ensure the safety and privacy of the individuals you treat, we use a secure, confidential platform with NO identifying information asked for or permitted.
- Providers can choose from a variety of topics or create your own. Topics can include questions about therapy, recovery, psychopharmacology, education, family support and engagement, and more!
- Follow-up support calls or emails are available to ensure treatment confidence and comfort. Come back any time to ask as many questions as you like.

What is HeadsUp?

HeadsUp is a collaborating organization whose mission is to help end the stigma around psychosis through education, advocacy, and support. We promote early intervention centered around personalized, accessible, and effective care for all people in Pennsylvania.

Our current PA First Episode Psychosis (FEP) sites are making tremendous strides to support recovery and avoid unnecessary trauma. *

91% Decrease in number of participant hospitalizations

85% Increase in school enrollment in those over 18

82% Decrease in suicide attempts

76% Decrease in homelessness

*At 24 months; Compared to before enrollment in an FEP center.

HeadsUp Early Psychosis Mentor can only answer questions submitted by treating professionals working in Pennsylvania. If you are a loved one of an individual experiencing early psychosis, reach out for help at one of our [PA First Episode Psychosis Centers \(FEP\)](#).

FAQs

Who can request a consult?

Any health professional working in Pennsylvania, supporting individuals experiencing first episode/early psychosis. From clinicians and prescribers to peers and researchers, we are here to help all!

Who will answer questions I submit?

All questions are answered by clinical and medical experts in the treatment of first episode/early psychosis. The expert answering your inquiry will be specifically chosen based on the question asked.

How do you come up with your answers?

We are immersed in the most up-to-date research, literature, and practice of first episode/early psychosis care and use this information to best answer your questions.

How many consultations can I request?

You can request as many consultations as you would like. If you have questions about various topics, submit them separately as they may be answered by different experts.

Why should I ask you?

We specialize in the areas of first episode/early psychosis which makes us uniquely qualified to support you in these specific needs.

What can I ask about?

Ask us about anything related to first episode or early psychosis. We have a list of topics to choose from or you can create your own.

Do your answers change over time?

As new research emerges answers may change. This is true for us as much as it is for you. We are committed to keeping our own knowledge and practice up to date as much as we are yours.

READY TO ASK A QUESTION?

We can't wait to hear from you!

Submit online or by calling 1-833-933-2816



All information submitted to HeadsUp Early Psychosis Mentor is protected by a HIPAA capable security infrastructure. The only people with access to your information are those directly affiliated with HeadsUp Early Psychosis Mentor. None of your information will be shared with other organizations.

to learn more about HeadsUp or
find a center near you, visit:

headsup-pa.org